



24/7 Counseling Support: [800-413-8008 #2](tel:800-413-8008)

Available anytime, any day, your Employee Assistance Program is a free, confidential program providing in-the-moment and short-term counseling and resources.



SEPTEMBER 2024

Crafting Joy: Finding Fulfillment in Creative Pursuits

ONLINE SEMINAR

Discover the art of trying new things, from exploring uncharted territories to diving into fresh hobbies that ignite your passion. Find inspiration to break free from routine.

To access the online seminar, visit your home page starting September 17th.

- Click this link: <https://helpwhereyouare.com/CompanyLogin/1515/mercy>
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- Scroll down and click on "Online Seminars"

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