

Available anytime, any day, your Employee Assistance Program is a free, confidential program providing in-the-moment and short-term counseling and resources.



OCTOBER 2024

To access the online seminar, visit your home page starting October 15<sup>th</sup>.

- Click this link: <https://helpwhereyouare.com/CompanyLogin/1515/mercy>
- Enter the username and password as shown below:

**USERNAME: MSU**

**PASSWORD: MSU**

- Scroll down and click on “Online Seminars”

# Aging Parents, Renewed Connections

## ONLINE SEMINAR

One of the most significant transformations we encounter is the aging of our parents. The transitions that come with this can be challenging, but they offer opportunities to deepen our relationships.

**ALWAYS AVAILABLE | FREE | CONFIDENTIAL**

**YOUR EMPLOYEE SUPPORT PROGRAM**