

Available anytime, any day, your Employee Assistance Program is a free, confidential program providing in-the-moment and short-term counseling and resources.



**NOVEMBER 2024**

To access the online seminar, visit your home page starting November 19<sup>th</sup>.

- Click this link: <https://helpwhereyouare.com/CompanyLogin/1515/mercy>
- Enter the username and password as shown below:

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# Laughter Helps

## ONLINE SEMINAR

Laughter is a universal language that transcends boundaries and connects people on a profound level. Learn about the power of humor in life.

**ALWAYS AVAILABLE | FREE | CONFIDENTIAL**  
**YOUR EMPLOYEE SUPPORT PROGRAM**