

24/7 Counseling Support: [800-413-8008 #2](tel:800-413-8008)

Available anytime, any day, your Employee Assistance Program is a free, confidential program providing in-the-moment and short-term counseling and resources.



JANUARY 2025

Shine Your Light: Finding Your Inner Glow

ONLINE SEMINAR

Identify your positive traits and learn how to highlight them in everyday life, resulting in a more genuine and confident self-presentation.



YOUR EMPLOYEE SUPPORT PROGRAM

ALWAYS AVAILABLE | FREE | CONFIDENTIAL

LET US HELP

Visit your home page starting January 21st

WEBSITE:

<https://helpwhereyouare.com/CompanyLogin/1515/mercy>

USERNAME: MSU

PASSWORD: MSU