

Missouri State[®]

UNIVERSITY



2024-25 CALENDAR

FAMILY PROGRAMS

**MAKE YOUR
MISSOURI
STATEMENT.**

MissouriState.edu/BearsFamilies



WELCOME TO THE FAMILY!

I'm thrilled you'll join the Missouri State campus community in supporting your student in their transition to university life.

It wasn't too long ago that I sent my daughters to college. I didn't know what to expect. I was excited for the next chapter in their lives, but I was also nervous of the changes that would take place at home and with my student. Would my student be safe at college? Would my student still "need" me? What was my role as the family member of a college student?

At Missouri State, we place great value on student success — in and out of the classroom. We know that family members, like you, play a vital role in supporting your student through their university experience.

With the outstanding academic, professional and co-curricular opportunities provided on our campus, your student will be able

to explore new interests, solidify existing passions and discover their role in making communities better places to live and work.

Please encourage your student to take advantage of the opportunities at Missouri State. By being an informed partner, equipped with knowledge of campus resources, events and policies, you'll be prepared to coach your student toward success.

That's exactly why we have designed resources especially for you. I invite you to use, read and/or visit:

- This calendar.
- The Bear Family Guide.
- Our blog and other social media platforms, found through the family programs website:

🌐 MissouriState.edu/BearsFamilies

Discuss these resources with your student, because communicating is integral in promoting your Bear's growth. Our partnership can help ensure success. We're excited your student has chosen to attend Missouri State, and I wish you both the best during the transition to university life.

Please don't hesitate to contact me at any time. I am very happy to help.

GO BEARS!



Priscilla Childress
Director, New Student Orientation, Family Programs and Student Affairs Special Events



MAKE PLANS TO VISIT YOUR STUDENT!

Missouri State hosts special events to welcome family members to campus throughout the academic year, like our Family Weekend and Spring Family Day at Hammons Field. However, we encourage families to visit us whenever it's convenient for you and your student. Quick note: We don't recommend surprising your student with a visit. Our students are very busy and if they are surprised, they might already have commitments and not be able to spend time with you.

We have a Visitors Guide online to help you plan your trip. It has details on accommodations near campus, directions, parking information, Springfield attractions, dining options and much more!

🌐 MissouriState.edu/Visitors

MISSOURI STATE UNIVERSITY ALMA MATER

Sing we praises
Now to our alma mater.
All hail maroon and white!
Missouri State,
We pledge devotion.
May you live ever in truth and right.
May you live ever in truth and right.

MISSOURI STATE FIGHT SONG: "THE SCOTSMAN"

Uphold tradition,
Our school we hold so dear.
We will be loyal
Throughout our college years.
Fight for victory
While we stand up and cheer.
Let's hear it for the Bears!
B-E-A-R-S, BEARS!
M-I-S-S-O-U-R-I STATE!



About Missouri State University

Missouri State is a public university system. We're here to help our students make their **Missouri Statements**. We are committed to ethical leadership, cultural competence and community engagement. Those are the pillars of the university's unique public affairs mission, granted to us by the Missouri General Assembly.



THE SYSTEM HAS FOUR PHYSICAL CAMPUSES:

- SPRINGFIELD, MISSOURI
- WEST PLAINS, MISSOURI
- MOUNTAIN GROVE, MISSOURI
- DALIAN, CHINA

ESTABLISHED IN
1905

23,307
STUDENTS ENROLLED ON
THE SPRINGFIELD CAMPUS

STUDENTS ARE FROM:
MISSOURI: **20,160+**
OTHER STATES: **2,930+**
INTERNATIONAL COUNTRIES: **1,880+**

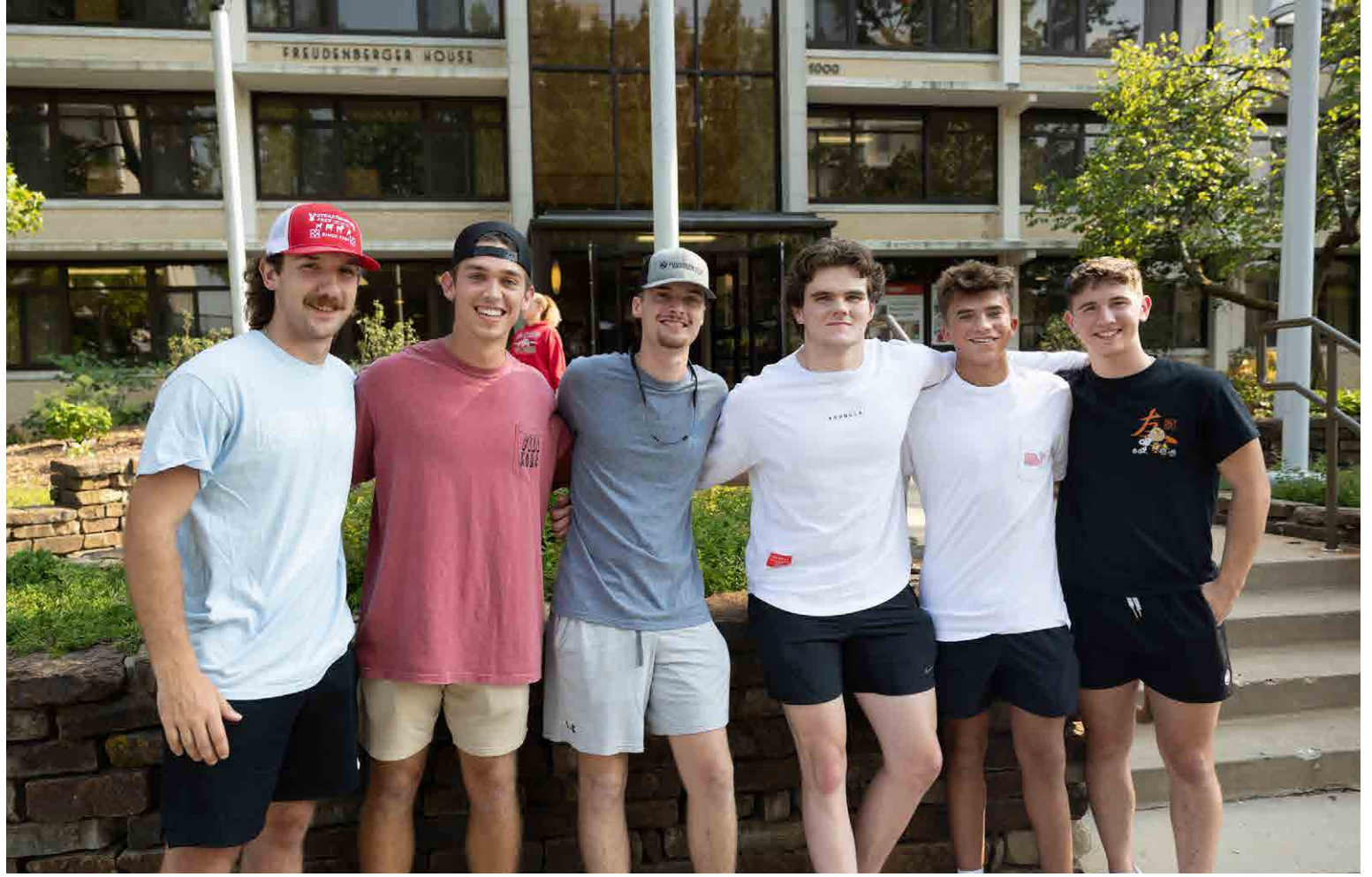
150,000+ ALUMNI

170+
BACHELOR'S DEGREE OPTIONS

90+
GRADUATE PROGRAMS

100+
ONLINE PROGRAMS

 FOLLOW FAMILY PROGRAMS ON FACEBOOK: [MSUFAMILIES](#)



What will college be like?

STUDENTS: HERE'S WHAT YOU CAN EXPECT IN YOUR FIRST YEAR

- To be challenged academically and personally.
- To be a part of a diverse community with many different perspectives, ethnicities, cultures and experiences.
- To be assured many helpful resources are available.

FAMILIES: HERE'S HOW YOU CAN SUPPORT YOUR BEAR

- Listen when your student is talking.
- Empower your student to solve their own problems.
- Familiarize yourself with campus resources that can be helpful to your student.
- Know that your student may change their mind and major — which is okay!

So, you've been through SOAR. What's next?

Student Orientation, Advisement and Registration, or SOAR, should have helped you and your student prepare for arrival on campus this fall. There are a few other things your family can do to support a smooth transition.

- Teach your student practical skills such as doing laundry, managing a budget and more. These skills will help your student feel more independent and confident. Discuss expectations regarding academics, social activities, finances, employment and other important topics.
- Know what to bring (and NOT bring): [ResLife.MissouriState.edu/WhatToBring](https://reslife.missouristate.edu/whattobring)
- For commuters, remind your student that college is not an extension of high school. Encourage your student to stay on campus between classes, attend events and get involved in organizations.



"An easy way to support a college student would be sending a thoughtful message to them. I always appreciate when my mom sends me a quick text to let me know she loves me, is proud of me and hopes I have a good day. It is simple but puts a pep in my step for the day."

– Tamia Schiele, senior

JULY 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4 INDEPENDENCE DAY No Classes/ Offices Closed	5 EXTRA GIVEN DAY No Classes/ Offices Closed	6
7	8	9	10	11	12	13
14	15	16	17	18	19 SUMMER VISIT DAY	20
21	22	23	24	25	26	27
28	29	30	31			

ACADEMIC TERMS YOU AND YOUR STUDENT NEED TO KNOW!

- **Credit hour:** Standard unit of measuring coursework. The unit of credit used at Missouri State is the semester hour.
- **Degree audit:** An advising tool that helps track a student's progress towards graduation. MSU uses Degree Works for audits.
- **General education program:** The basic courses all undergraduate students are required to take, regardless of their major.
- **Prerequisite:** Things students must do before they can enroll in a class. These may be courses, test scores or a program of study.



August is an important month for all Bears!

It's when students start settling into new classes, making new friends and finding resources to succeed.

Involvement on campus is a tremendously important factor in your student's success. Students who are connected with campus life, both residential and commuter students, tend to do better academically, learn to manage their time and have an easier adjustment.

FAMILIES: REMIND YOUR STUDENT ABOUT AVAILABLE RESOURCES

Surveys of college students indicate stress can hurt academic performance. With the transition from high school, your student may begin to experience some academic pressure. Remind them of resources on campus, such as the Bear CLAW, Writing Center, peer leaders, professors and advisors. If your student shows signs of serious physical, emotional or mental stress, encourage them to seek help through the dean of students office or the Counseling Center:

- 📍 MissouriState.edu/DOS
- 📍 CounselingCenter.MissouriState.edu



IMPORTANT SUPPORT SYSTEM

- Missouri State programs are more academically rigorous than high school. Help your student understand the personal and professional benefits of the knowledge and skills they are gaining.
- Time management is a crucial skill for students to develop early. A planner, available at the Missouri State Bookstore, is a handy place to log assignments and commitments.
- Periodically ask your student if they are going to class, keeping up with assignments and seeking help when needed.
- If your student lives in the residence halls, consider mailing care packages.
- If your student is a commuter student, consider leaving encouraging notes and treats in their car or backpack.
- When your student passes a big test, receives an award or joins a special organization, let them know how proud you are!

TRADITION OF THE MONTH  **Attend New Student Convocation**

This is the official welcoming ceremony for new students.

AUGUST 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	5	6	7	8	9	10
11	12 THE URSA EXPERIENCE	13	14	15	16 WELCOME WEEKEND	17 SEE YA LATER BRUNCH
18 NEW STUDENT CONVOCATION	19 FALL CLASSES BEGIN	20	21	22	23	24
25	26 WOMEN'S EQUALITY DAY	27	28	29	30 DEADLINE TO REQUEST A FERPA HOLD	31



"Getting involved is so much more than just checking a box. You are meeting people with your interests and making amazing memories with them, all while giving back to the MSU community and making your **Missouri Statement**."

Sam Wang, junior



How to be a #CitizenBear: Go to the Public Affairs Conference

During this free event, you will be able to hear from some of the nation's most compelling speakers. Previous examples include former first daughter Jenna Bush Hager, now a media personality; Gen. Colin L. Powell, former secretary of state; and actor John Goodman, an MSU alumnus. There are a variety of sessions planned.

PublicAffairs.MissouriState.edu/Conference

OUR MISSION: PUBLIC AFFAIRS

The moment your student chose Missouri State, they became part of something much bigger than campus. Missouri State has a mission in public affairs. Your student's education will be

different because of this mission. They will find an emphasis on understanding the world and making it a better place. They will engage with the community. Your student will be ready to work and live with people from all different backgrounds.

THE THREE PILLARS OF THE MISSION

Our public affairs mission includes academic programs, experiences outside the classroom and events throughout the year. The mission is driven by three themes:

- **Ethical leadership** is striving for excellence and integrity. Students develop ethical and moral reasoning while contributing to the common good.
- **Cultural competence** begins with cultural self-awareness and expands to knowledge of, respect for and skills to interact with people of other cultures.
- **Community engagement** is recognizing needs in our communities, then contributing your knowledge and work to meet those needs.

IN SEPTEMBER, FAMILIES CAN:

- **Expect to hear about your student's trials and tribulations** more frequently than you'll hear about the triumphs. Be an open ear with a positive attitude, and your student will likely come away with a more positive outlook.
 - **Encourage your student to get to know their professors and ask for help if needed.** Remind them about office hours and suggest they take advantage of these times to have one-on-one conversations.
 - **Address signs of stress early.** Forgetfulness, moodiness and fatigue can all be early signs of stress. Bears need to make stress management a part of their everyday college life. Encourage your student to visit the Counseling Center if they are experiencing stress. All full-time counseling staff are licensed professionals, experienced with college-aged students and have a passion for helping our Bears. Encourage your student to make time for themselves and their mental well-being.
- CounselingCenter.MissouriState.edu

TRADITION OF THE MONTH  Be part of Family Weekend

Family Weekend is an excellent time to visit your student and enjoy all the campus has to offer.

SEPTEMBER 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 LABOR DAY No Classes/ Offices Closed	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18 ACADEMIC CONNECTION FAIR	19	20	21
22	23	24 PUBLIC AFFAIRS CONFERENCE	25	26	27 FAMILY WEEKEND	28
29	30					Latino/a/x Heritage Month



How can families help their Bear during midterms?

It's October: The warm winds of summer are fading as cooler breezes rustle brightly colored leaves.

Students start Homecoming events: painting windows, building floats for the annual parade and proudly displaying their BearWear.

Near the end of the month, they don Halloween costumes as they look toward a much-deserved break in November.

But October also means midterms.

This celebration of knowledge is known by other names, of course. The least offensive four-letter word — test — is one of the many we prefer not to use. You can flunk a test.

We prefer to call them “celebrations of learning.” It’s a special time affording them the opportunity to prove what they know by answering a series of questions posed by their professors. After all, you can’t flunk a celebration.

Help us remove the stigma of midterm week and help your student celebrate their accomplishments.

IN OCTOBER, FAMILIES CAN:

- **Send notes of encouragement:** You can do it! We believe in you! We’re proud of you!
- **Suggest your student study in advance.** We recommend about 30 minutes a day for at least five days prior to the examination.
- **Suggest your student take advantage of the Foster Recreation Center.** Wellness and working out can help stress.

TRADITION OF THE MONTH Visit the Bear CLAW

Visit this space that offers tutoring, the Writing Center and many other services. This is a good time for a student to work on areas that need improvement.

OCTOBER 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 FAFSA OPENS	2 ROSH HASHANAH	3	4	5
6	7	8	9	10 FALL BREAK No Classes/ Offices Open	11 YOM KIPPUR	12
13	14 COLUMBUS DAY INDIGENOUS PEOPLES' DAY	15	16	17	18 HOMECOMING	19
20	21	22	23	24	25	26
27	28	29	30	31 HALLOWEEN	National Disability Employment Awareness Month LGBTQ+ Heritage Month Disability Awareness Month	

“It’s helpful to support your college students during this (sometimes) stressful time. It’s a preview of their finals. Remember they might communicate less because there’s only so much time in the day. Send them a care package full of healthy snacks and a note that helps reframe this time of year.”

Michael Frizell, director of student learning services



Bears get a holiday break

November is a big month for students. They are getting ready for final exams and big assignments, and preparing for Thanksgiving break.

It's important to discuss expectations before break. Since starting college, your student has a new sense of independence. While it's appropriate for your student to respect house rules, it's also a good idea to renegotiate rules that respect your needs and those of your student's.

SOME THINGS STUDENTS WOULD LIKE THEIR FAMILIES TO KNOW:

- "When I go home for the holidays, I wish my family would remember I've been living on my own for the last five months and still need to have my space at home."
- "When I'm on break from school, I wish my family would avoid making a lot of plans of places for me to go. When I come home from school, I'm tired of running from one thing to another. Most of the time I just want to relax."
- "I wish my family would remember that while I'm coming home to spend time with them, I haven't seen my closest friends for a long time. I want to spend time with my family, but at the same time, I want to be able to enjoy the rare time I get with others who are a part of my life."

IN NOVEMBER, FAMILIES CAN:

- **Learn to compromise.** Converse and reason, even when it's hard. Try to stop making demands.
- **Stop seeing this as lingering days of childhood,** but rather, the first moments of adulthood.
- **Adopt a wait-and-see attitude** until the next break if your student is struggling to connect in or outside of the classroom, but there is not a mental health concern.
- **Work together** to build a calendar for the rest of the academic year.
- **Be conscious that students recognize they go through a lifestyle change.** However, any changes you exhibit or any change to the environments they left in the summer might be met with resistance.

ACTIVITY OF THE MONTH



Start a conversation about academics

Now is a great time to ask your student: What is your most challenging class and how are you working through the challenges?

NOVEMBER 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Native American Heritage Month Panamanian Independence Month					1 APPLICATION OPENS FOR MANY MSU SCHOLARSHIPS Apply to qualify for more aid! DIWALI	2 FALL SHOWCASE
3 DAYLIGHT SAVINGS ENDS	4	5 ELECTION DAY	6	7	8	9
10	11 VETERANS DAY	12	13	14	15	16
17	18	19	20	21	22	23
24	25 THANKSGIVING HOLIDAY No Classes/ Offices Open	26	27 THANKSGIVING HOLIDAY No Classes/ Offices Closed	28 THANKSGIVING DAY	29	30



Majors may be on your Bear's mind

Now that your student has completed a semester, they may consider choosing or changing their major. This is the time for them to explore many interests. They may benefit from an internship or other employment opportunities. Encourage them to contact their advisor and the Career Center. More on majors:

MissouriState.edu/DeclareOrChangeMajor

As the semester is winding down, also encourage your Bear to practice self-care! They can get a free flu shot at Magers Health and Wellness.

Health.MissouriState.edu

IN DECEMBER, FAMILIES CAN:

- **Offer support during the last weeks of the semester.** Send a card, give a pep talk, text a cute video that will make your student smile. Remember these last weeks are busy, so your student's time will be at a premium.
- **Keep in mind Missouri State is challenging your student academically.** Your student might have some unexpected grades at the end of the semester. Try not to overreact if you think their work doesn't meet your expectations. Have conversations about the upcoming semester and help your student reflect on the past semester.

TRADITION OF THE MONTH



Be a #CitizenBear: Support the Bear Pantry

Bears shouldn't go hungry — that's why we have the Bear Pantry in Plaster Student Union on the first floor. Students who need food can visit the pantry. You can support the Bear Pantry by raising hunger awareness, giving nonperishable food, coordinating a donation drive and more.

DECEMBER 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5 FALL CLASSES END	6 STUDY DAY No Classes/ Offices Open	7 FINAL EXAMS
8	9	10	11	12	13 FALL COMMENCEMENT	14
15	16	17	18	19	20	21
22	23 WINTER BREAK No Classes/ Offices Closed	24	25 HANUKKAH BEGINS	26 CHRISTMAS	27 KWANZAA BEGINS	28
29	30	31 NEW YEAR'S EVE	<p>Talk to your student about how to get the most out of MSU</p> <p>Encourage your Bear to seek leadership opportunities! They can choose from many activities and groups related to academics, social life and community engagement. These groups will help them find their place on campus, and develop highly marketable skills sought by employers.</p>			



Look ahead as a new semester starts

Spring semester is a chance to reflect on the fall semester and learn from any missteps. If your student did not perform to their expectations, take this time to evaluate what they can do differently going forward.

It's helpful to remind your student that they now have a semester of experience to draw upon. Ask them to share some examples of good decisions made during the previous semester, such as sticking with a study plan, getting help from a

campus resource or joining a student organization. Helping your student acknowledge these successes can give them the confidence to perform well in the future.

Now is also a good time to decide on summer plans. Employment, internships, classes and service experiences are common options for students. Students should prepare by developing resumes, completing job applications and/or meeting with their academic advisors.

IN JANUARY, FAMILIES CAN:

- **Remind your student the new year is a good time** to review their financial situation, apply for more scholarships, complete the FAFSA and make a budget.
- **Encourage your student to check out organizations** on campus related to their interests and hobbies. It's never too late to get involved!



TRADITION OF THE MONTH



Rub the Bear statue in Great Southern Bank Arena

The senior class of 2008 donated this statue as a way to support the Bears athletics teams. On your way to the student section, give the basketball team some good luck by rubbing the Bear!

JANUARY 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 WINTER BREAK No Classes/ Offices Closed	2	3	4
			KWANZAA ENDS NEW YEAR'S DAY	HANUKKAH ENDS		
5	6	7	8	9	10	11
12	13 SPRING CLASSES BEGIN	14	15	16	17	18
19	20 MLK SERVICE CHALLENGE/ MARTIN LUTHER KING JR. HOLIDAY No Classes/ Offices Closed	21	22	23	24	25
26	27	28	29	30	31	
			LUNAR NEW YEAR			

"Interacting with your classmates helps you grow to be a personable and relationship-oriented individual. Taking the first step to say 'hello' can make all the difference. It allows you to be as successful as possible in any class, whether you need a study buddy or help with a project."

Khloee Lathrum, senior



Now is a great time for your Bear to get career guidance

Missouri State's Career Center is a valuable resource for any student.

The Career Center helps students learn how to direct their own development. These skills are useful during college, immediately after graduation and throughout anyone's professional life.

The Career Center recommends students use its services right away. Early planning can greatly contribute to future career success.

Consider giving your student some encouragement to meet with a career counselor during their first year.

CareerCenter.MissouriState.edu



IN FEBRUARY, FAMILIES CAN:

- **Affirm your student's talents and personality traits.**
- **Listen (nonjudgmentally) to your student's thoughts** about classes and activities. You may have helpful insights.
- **Encourage your student to balance social life and academics.** They can develop study skills and enjoy a variety of activities.
- **Recommend that your student investigate job responsibilities** and gain work experience by obtaining an internship.

TRADITION OF THE MONTH



Attend an event with Multicultural Programs

Multicultural Programs serves the cultural competence and education needs of students through many different initiatives. These include heritage months, networking receptions, LGBTQ+ student services, a room of reflection for prayer or spiritual practice and a lounge area open to all students.

FEBRUARY 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Black History Month						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

"The Career Center is an excellent resource for your student during any phase of their college journey. From exploring and deciding on a career or major, to developing a plan to reach their goals after college, the Career Center has staff and resources to help guide anyone. It's never too early to take advantage of our services!"

Todd Euglow, Career Center staff



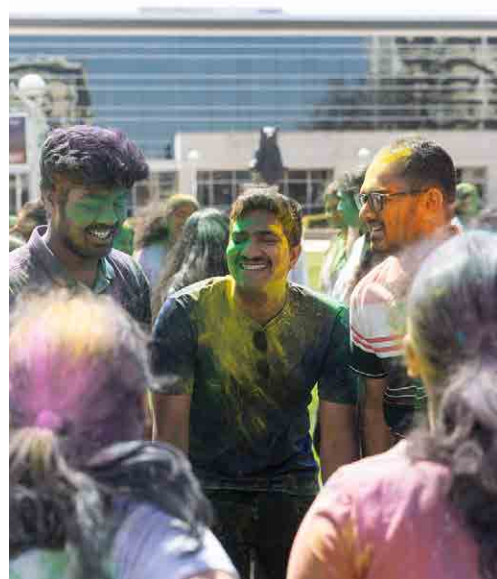
Help your student have a fun, safe Spring Break

Your student may come home for Spring Break. If, however, they have plans for a more exotic vacation, keep some things in mind:

- If your student wants to travel, several MSU organizations sponsor service trips.
- Know your student’s itinerary, where they are staying and how they can be reached while away.

IN MARCH, FAMILIES CAN:

- **Reiterate that Spring Break doesn’t mean a break from responsibility** or a free pass for certain behaviors. Have a frank discussion about the risks of drug use, drinking, alcohol poisoning, violent behavior and sexual assault.
- **Remind your student of the serious consequences of drinking alcohol or using drugs.** Make the point that the impact can be detrimental to health and academic success. An alcohol- or drug-related arrest record may derail admission to graduate school, obtaining professional certification or getting a future job.
- **Communicate that whatever happens on a trip** could affect their ability to finish the semester.



TRADITION OF THE MONTH



Go on an immersion trip

Encourage your student to join a Bear Breaks immersion trip! These trips, offered by the Center for Community Engagement, allow students to volunteer, travel, engage with communities, test their major or career choices and grow as a Citizen Bear. Learn more: MissouriState.edu/CCE

MARCH 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 RAMADAN STARTS
2	3	4	5	6	7	8
9 DAYLIGHT SAVING BEGINS	10	11	12	13	14 PURIM STARTS HOLI	15
16	17 ST. PATRICK'S DAY SPRING BREAK No Classes/ Offices Open	18	19	20	21	22
23	24 HOLI	25	26	27	28	29
30	31 EID AL-FITR STARTS	<p>“College is an exciting time of growth, learning and evolution. However, there can also be unexpected challenges and difficulties as you adjust to college life. The MSU Counseling Center serves you in a variety of ways, meeting individual needs through a stepped-care model of support. From self-help resources and informational workshops, to group and individual therapy, there are many options for taking care of your mental health.”</p> <p>Allicia Baum, director of the Counseling Center</p>				



It's time to register for classes!

We believe it is important that a knowledgeable, caring advisor helps students make their academic plans. That's why students with fewer than 75 credit hours are required to have an advising appointment before they register.

Have your student get an early advising appointment: That helps ensure they can register on their sequenced date.

Flexibility is important. Sometimes courses close or are canceled. Encourage your student to make trial class schedules and have alternative courses in mind.

Students should confirm they have taken any prerequisites for courses they plan to take. If not, it will cause problems at registration time.

IN APRIL, FAMILIES CAN:

- **Encourage your student to make an appointment with their academic advisor** as soon as possible. Before seeing the advisor, your student should review their degree audit and prepare a list of courses they are considering.
- **Encourage your student to prioritize their top courses.** Breaks between courses can be useful for quick trips to the library or study sessions with classmates.

TRADITION OF THE MONTH



Hang out by the John Q. Hammons Fountain

The fountain is a fantastic place to relax. We even celebrate Fountain Day, the first day in the spring when it's warm enough to turn on the water for the season! It's usually in April, so be sure to look out for any notices of the event.

APRIL 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Celebrate Diversity Month		1	2	3	4	5
6	7	8	9	10	11	12
						PASSOVER
13	14	15	16	17	18	19
					SPRING HOLIDAY No Classes/ Offices Closed	
20	21	22	23	24	25	26
EASTER		EARTH DAY				
27	28	29	30			

"Tell your students: Building relationships with your professors and instructors is crucial for building a strong professional network and gaining valuable industry insights. Their experience and guidance can provide mentorship, open doors to internship and career opportunities, and enhance your understanding of real-world practices."

Sean Beasley, College of Business staff



Balance wellness at finals frenzy

It's time for final exams. Your student is almost done with a year of college! When things get busy, it's easy for your student to forget they need self-care. Exercise, good nutrition, self-affirmation and a good night's sleep all can help your student succeed.

IN MAY, FAMILIES CAN:

- **Encourage your student to take advantage of Campus Rec facilities.** Even a quick workout will energize your student.
- **Talk to your student about food options** and what they've been choosing to eat.
- **Remind your student their professors are ready to assist them.** Taking a few minutes to ask questions and get a different perspective helps your student finish strong.
- **Let your student know you support them** and are proud of them.



TRADITION OF THE MONTH



Attend a concert or performance

Our students are putting on their final plays, concerts and productions of this year. Attend one of your choice to support our performing Bears!

MAY 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Asian Pacific Islander Desi American Heritage Month Jewish American Heritage Month				1 MAY DAY SPRING CLASSES END	2 STUDY DAY No Classes/ Offices Open	3 FINAL EXAMS
4	5	6	7	8	9 SPRING COMMENCEMENT	10
11 MOTHER'S DAY	12 VESAK/BUDDHA'S BIRTHDAY	13 STUDENTS' FINAL GRADES, GPA CALCULATIONS AND ACADEMIC STATUS AVAILABLE	14	15	16	17
18	19	20	21	22	23	24
25	26 MEMORIAL DAY HOLIDAY No Classes/ Offices Closed	27	28	29	30	31



Prepare for a successful second year

Summer goes quickly — and so does college. This is a good time to discuss options that will maximize your student's time at Missouri State and set them up for success in their second year.

Consider telling your student about our Second-Year Experience. This program is designed for students who are returning.

The second year typically serves as a time when students seriously contemplate their academic and professional careers. The next steps on the path may seem uncertain.

The dedicated programs of the Second-Year Experience will provide many resources to help your student succeed. Learn more:

MissouriState.edu/AcademicSuccess



ENCOURAGE YOUR STUDENT TO USE THE RESOURCES AT MISSOURI STATE. SOME OF THESE INCLUDE:

- **Gain academic achievement while serving the community through the Citizenship and Service-Learning courses.** Your student will develop skills, gain invaluable knowledge and proactively learn about community engagement. Learn more about service-learning opportunities: MissouriState.edu/CASL
- **Exploring a domestic or international culture for a week or even a year through Education Abroad.** This office facilitates programs to increase cultural competence and develop global leaders of tomorrow. Learn more: MissouriState.edu/EducationAbroad
- **Becoming a leader on campus.** There are more than 375 campus organizations. Your student has a multitude of opportunities to find their “people” and get involved! Learn more: MissouriState.edu/StudentEngagement

TRADITION OF THE MONTH



Attend Tent Theatre

Tent Theatre has been a Missouri State summer tradition for more than 60 years. Now, you can attend a show at the new John Goodman Amphitheatre, named for our famous alumnus who performed in Tent Theatre himself! It's a one-of-a-kind setting for a great summer production.

JUNE 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 SUMMER CLASSES BEGIN	3	4	5	6	7 EID AL-ADHA STARTS
8	9	10	11	12	13	14
15 FATHER'S DAY	16	17	18	19 JUNETEENTH No Classes/ Offices Closed	20	21
22	23	24	25	26	27	28
29	30					

DEPARTMENT	QUESTIONS	LOCATION	PHONE (417)	WEBSITE
Family Association	General resources for families	Plaster Student Union 416	836-3060	MissouriState.edu/BearsFamilies
Admissions	Admissions, transferring credit	Carrington Hall 204	836-5517	MissouriState.edu/Admissions
Adult Student Services	Assistance for students who are 22 or older, in evening classes, married or have children	Meyer Alumni Center 400	836-6929	AdultStudents.MissouriState.edu
Academic Advisement and Transfer Center	Academic advisement	University Hall 109	836-5258	MissouriState.edu/Advising
Alumni Association	Alumni programs	Meyer Alumni Center 100	836-5654	Alumni.MissouriState.edu
Athletics	Intercollegiate athletic programs	Hammons Student Center	836-5244	MissouriStateBears.com
BearCLAW	Tutoring, writing assistance	Meyer Library, 1st Floor	836-6398	BearClaw.MissouriState.edu
Bear Pantry	Food pantry for students and staff	University Hall basement	836-4840	MissouriState.edu/BearPantry
BearPass Card Office	Student ID Cards	Plaster Student Union 128	836-8409	MissouriState.edu/BearPassCard
Bookstore	Textbooks, BearWear apparel, computers and software	Bookstore	836-5403	MissouriStateBookstore.com
Bursar's Office	Payments, tuition, fees	Carrington Hall 102	836-5128	MissouriState.edu/Bursar
Campus Recreation	Recreation center, intramural sports, fitness and wellness programs	Foster Recreation Center	836-5334	MissouriState.edu/Recreation
Center for Academic Success and Transition	Academic support programs for students	Meyer Library 116	836-8343	MissouriState.edu/AcademicSuccess
Career Center	Job opportunities, interview skills, resume writing	Carrington Hall 309	836-5636	CareerCenter.MissouriState.edu
Center for Leadership and Volunteerism	Leadership programs, volunteer opportunities	Plaster Student Union 131	836-7615	MissouriState.edu/CLV
Citizenship and Service-Learning	Service-learning classes	Plaster Student Union 131	836-5774	MissouriState.edu/CASL
Computer Services Help Desk	Computing issues	N/A	836-5891	HelpDesk.MissouriState.edu
Counseling Center	Counseling services	Magers Health and Wellness Center 304	836-5116	CounselingCenter.MissouriState.edu
Dean of Students Office	Assisting students with personal and educational goals	Plaster Student Union 405	836-5527	MissouriState.edu/DOS
Dining Services	Campus dining, meal plans	Blair-Shannon House 114	836-5660	DineOnCampus.com/MissouriState
Disability Resource Center	Disability resources, accommodations	Meyer Library 111	836-4192	MissouriState.edu/Disability
Education Abroad	Foreign/domestic study opportunities	Plaster Student Union 209	836-6368	MissouriState.edu/EducationAbroad
Family Programs	General resources for families	Plaster Student Union 418	836-3060	MissouriState.edu/BearsFamilies
Financial Aid	Scholarships, grants, loans	Carrington Hall 101	836-5262	MissouriState.edu/FinancialAid
Financial Services	Payment plans, direct deposit	Carrington Hall 113	836-5635	MissouriState.edu/FinancialServices
Fraternity and Sorority Life	Fraternities, sororities	Plaster Student Union 127	836-4386	MissouriState.edu/StudentEngagement/FSL
Graduate College	Graduate programs admission	Carrington Hall 306	836-5335	Graduate.MissouriState.edu
Honors College	Honors information	University Hall 212	836-6370	MissouriState.edu/Honors
Information Desk / Lost and Found	Campus information, lost and found items	Plaster Student Union Lobby	836-5885	MissouriState.edu/Information
Institutional Equity and Compliance	Discrimination, harassment	Park Central Office Building 111	836-4252	MissouriState.edu/Equity
Magers Health and Wellness Center	Health and wellness services, pharmacy	Magers Health and Wellness Center	836-4000	Health.MissouriState.edu
Meyer Library	Library information	Meyer Library	836-4535	Library.MissouriState.edu
Missouri State Foundation	Gifts to Missouri State, endowment	Meyer Alumni Center 100	836-4143	MissouriStateFoundation.org
Missouri State TIX	Tickets for athletic events, concerts, performances and special events	JQH Arena; Hammons Hall for the Performing Arts; Plaster Student Union; Craig Hall	836-7678	MissouriStateTix.com
Multicultural Programs	Student growth and development; exploration of identity and self	Freudenberger House, Basement	836-5652	MissouriState.edu/MulticulturalPrograms
Multicultural Services	Multicultural education and programs	Plaster Student Union 101	836-8921	Multicultural.MissouriState.edu
Orientation and Transition Programs	SOAR and URSA Experience	Plaster Student Union 417	836-7651	MissouriState.edu/NewBears
Outdoor Adventures	Outdoor activities and equipment rentals	Foster Recreation Center	836-5904	MissouriState.edu/Recreation/OutdoorAdventures
Partners in Education	First-year students' academic records	Meyer Library	836-5034	MissouriState.edu/PartnersInEducation
Plaster Student Union	Campus life, vendors	PSU Information Desk 2nd Floor	836-5885	MissouriState.edu/Union
Registrar's Office	Registration, academic records	Carrington Hall 320	836-5520	MissouriState.edu/Registrar
Residence Life, Housing and Dining Services	Housing, residential programs	Hammons House 101	836-5536	ResLife.MissouriState.edu
Safe Walk	Safe campus transportation	636 E. Elm St.	836-5509	MissouriState.edu/SafeWalk
ROTC	Army ROTC, Bear Battalion	Freudenberger House 34	836-5793	MissouriState.edu/MilSci
Safety and Transportation	Campus safety, parking, BearLine shuttle system	636 E. Elm St.	836-5509	MissouriState.edu/SafeTran
Springfield Police Department Substation	Campus safety, crime reporting	636 E. Elm St.	911 / 836-5327	SpringfieldMo.gov/SPD
Strategic Communication	Campus news, new media	Meyer Alumni Center 600	836-6397	News.MissouriState.edu
Student Affairs	Support success, foster engagement, inspire commitment to public affairs, and instill pride and tradition	Carrington Hall 200	836-5526	StudentAffairs.MissouriState.edu
Student Conduct	Code of Student Rights and Responsibilities, disciplinary procedures	Plaster Student Union 405	836-6937	MissouriState.edu/StudentConduct
Student Employment	On- and off-campus jobs, work study	Blair-Shannon House 113	836-5627	MissouriState.edu/StudentEmp
Student Engagement	Student organizations, involvement opportunities, campus events	Plaster Student Union 127	836-4386	MissouriState.edu/StudentEngagement
The Standard	Student newspaper	Clay Hall	836-5272	The-Standard.org
Theatre productions	Campus theatrical or dance performances	Craig Hall, Coger Theater or Balcony Theater	836-7678	TheatreAndDance.MissouriState.edu
Title IX	Support resources	Carrington Hall 205	836-6810	MissouriState.edu/TitleIX
Transcripts	Official transcripts	Carrington Hall 320	836-5520	MissouriState.edu/Transcripts
University Safety	Campus safety, parking, Bear Line shuttle system	636 E. Elm St.	836-5509	MissouriState.edu/SafeTran
Veterans Student Center	Veterans' services	Meyer Library 108	836-6199	MissouriState.edu/Veterans

BECOME A MEMBER OF THE MISSOURI STATE FAMILY ASSOCIATION

Families who support their students need their own type of support — and the Missouri State Family Association provides it. The Family Association is a program designed to help give parents and family members like you a number of helpful resources, including:

- Information about Missouri State programs, services and events through our Family Connection blog, Bear Notes, our e-newsletter and regular emails.
- Special campus events such as Family Weekend and Spring Family Day.
- A first point of contact for parents and families who need answers to questions or referrals to appropriate departments or resources.
- Opportunities to participate in Missouri State programs and initiatives.



Missouri State
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